

Clubs & Groups

The Diamond Valley Book Club

Members choose books two months in advance and selections will be posted at the library and on the library website.

2nd Tuesdays starting Sept 10 1:15

Evening Adult Book Club

At our first meeting on September 25, we will decide on what books we will read. Please bring suggestions.

Facilitator: Jan Burney

Last Wednesday of the month 7:00

Library Drumming Circle

Come open-minded and open-hearted as we draw upon our own natural rhythms and learn to have fun making music together. Participants must register at the library. Suitable for ages 6+. Fee: Donation

Facilitators: Chris and Don Wilhelm

2nd Fridays: starts Sept 13, 7:00

Poetry by the Fireside

Friendly wordsmiths meet to read the works of poets both dead and alive and to share their own work. Participation in a monthly writing project is voluntary.

Facilitator: Doris Daley

Last Thursdays 10:30

MCC Writers' Group

Writers of all types are welcome to share what they have written that month. No critiquing, just sharing and complimenting.

First Tuesdays, starts Sept 3 6:30

Techy Time

Digital Photography Scanner

Put your photos and slides into a digital format that will protect their features and save space. Call the library to arrange a one-on-one session.

Podcast Production

Our soundproofed and fully equipped podcast space is ready for you to come and record your podcasts. Call the library to reserve a time. Expert instruction provided.

E-Reader Support

Need help downloading e-books onto your e-reader? Call 403-933-3278 and make a one-on-one appointment with Cheryl on Fridays 2:00-4:00

Tech Talks

Tech Talk Café Drop In

Bring your own device & bring your questions.

Tuesdays, Sept 24-Oct 29 10:30-12:30

Tech Talk Beginner

Bring your own device and learn the very basics on how to use it.

Cost \$60 (Fee assistance available)

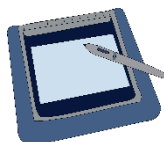
Tuesdays, Nov 5 to Dec 10 10:30-12:30

Tech Talk Plus

Bring your own device and build on your skills to get your device working for you.

Cost \$60 (Fee assistance available)

Tuesdays, Nov 5 to Dec 10 1:30-3:30



Out Loud 2024:

Thrills in the hills

- The Relics

The Relics are four veteran musicians - true relics from the music business - jazzed to be playing music together. Their repertoire is based on James Taylor's timeless and memorable songbook, as well as tunes from Canadian folk artists.

Saturday, October 12 7:00

- Julie Van Rosendaal

Julie is a Calgary-based food writer, columnist and chef. Her 2021 social media post about increasingly hard butter triggered the Buttergate scandal in Canada. She is the author of eight cookbooks including *Dirty Food* and *Starting Out*.

Wednesday, October 16 7:00

- Jim Mitchell

After retiring from a career as an Alberta Fish and Wildlife officer, with many of those years in the Sheep River area, Jim Mitchell decided to share his 38 years of experience with the world through 34 short stories. The stories range from notable enforcement cases to wildlife encounters, to humour in uniform.

Saturday, October 19 7:00

- Paul Rumbolt

This Newfoundland singer/songwriter is steeped in the east coast Canadian tradition of storytelling through music. He marries this heritage with rich vocals to weave tales of the places he's been and the people he's met in a lifetime as a performer. Paul is the former minister of Lewis Memorial United Church in Diamond Valley.

Friday, October 25 7:00



SHEEP RIVER
LIBRARY

2024

Fall

Course Guide

www.sheepriverlibrary.ca/Programs/Brochures

Register by phone or in person at the library.

Library Hours

Monday	10am-5pm
Tuesday	10am-8pm
Wednesday	10am-8pm
Thursday	10am-8pm
Friday	10am-5pm
Saturday	10am-5pm
Sunday	CLOSED

129 Main Street
Diamond Valley
Alberta T0L 2A0

Phone: 403-933-3278

Email: abdsrclibrary@marigold.ab.ca

Career Development with MCG Careers

Workshops are available as needed in Diamond Valley. If you wish to attend any of the following, please call 403-995-4377 or email:

okotoks@mcgcareers.com

- Career Compass: Navigating your Future Series
- Enhancing your Professional Networks
- Amplify your Application: Perfect your - Resume and Cover Letters Series
- Effective Job Search Strategies Series
- Interviews From Preparation to Performance Series
- Computer Basics Series

One-on-One Consultation

Call **403-601-2660** to make an appointment.

Mind and Body



Inductive Bible Study

We will be studying the book of Galatians. No previous experience necessary. \$10 for course materials
Instructor: Jan Burney

Wednesdays, starting Sept 18 10:00

Meditation Circle

We are a group of open-hearted folks who gather with a shared intention to cultivate happiness and wellbeing within ourselves and our world. We seek to develop experiential wisdom and more skillful living through practice with present moment awareness.

Tuesdays starting Sept 3 9:30 & 7:00

Sound Bath

Immerse yourself in the soothing session of a Himalayan healing sound bath. As you allow the sounds to wash over you, feel your stress melt away leaving you revitalized, refreshed and renewed. Bring along a yoga mat, blanket and two pillows. Cost \$25
Facilitator: Linda Welsh

Fridays Sept 27, Oct 18, Nov 22 7:00

French fun: games night / soirée jeux

Games are a great way to practice and learn to speak another language! Speakers of all abilities are welcome.

Enjoy conversation by the fire and games/puzzles to hear and practice basic words and expressions. Optional communal pizza dinner at 5:30, please bring cash (\$10/adult and \$5/child) towards pizza, veggies and drinks.

Children must be accompanied by guardian age 13+.

Last Wednesdays 4:30-6:00

Conversational ESL

Join Kim, an ESL, CELTA, and IELTS certified facilitator, for a laid-back chat circle where you can gather to practice English in a friendly and relaxed atmosphere. Feel free to bring lunch.
Saturdays, starts Sept 28 11:30-1:00

First Aid Courses

These foundational First Aid courses focus on preserving life, preventing further injury and providing first aid care until medical aid arrives. Participants

receive a course workbook and First Aid certification.

Basic (Emergency) First Aid

This one-day course covers what to do in life threatening circumstances such as choking, stroke, heart attack or deadly bleeds. This course includes Level C CPR and AED use. Instructor: Deanna Hintze. Cost: \$110 + GST
Saturday, October 5 9:00-5:00

Intermediate (Standard) First Aid

This two-day comprehensive program covers first aid care that builds on the Basic First Aid course including medical emergencies, splinting and mental health care. Instructor: Deanna Hintze
Cost: \$125 + GST

Saturday & Sunday Oct 5 & 6 9:00-5:00

Study Skills for High School Students

Study environment tips, time management, note-taking, what “read this part of the textbook,” really means, review strategies for before and after a test, and test-taking skills for Grades 9-12. Facilitator: Cheryl Bain

Saturday, September 28 1:00-2:30

Setting and Meeting Class Goals

For students in grades 9-12 accompanied by a parent. This class will cover short- and long-term goals and breaking goals down into smaller milestones to help reach targets.

Facilitator: Cheryl Bain

Saturday, September 28 3:00-4:30

The Creative Side Q & S Club (Quilting & Sewing)



Open to quilters or sewers of any ability. Participants work on their own projects. Instruction and guidance provided.

Thursdays, starting Sept 19 1:00-4:00

Sewing Basics

Learn the basics: how to cut out a pattern, inserting a zipper, making buttonholes, doing a hem and other important techniques from an expert seamstress.

Instructor: Marjolaine Leblanc

Thursdays Sept 12-Oct 17 1:00

Knitting Circle

If you like to knit or crochet, come and hang out by the fireplace with like-minded individuals.

Tuesdays, starts September 3 10:00

Painting Your Way

All classes will focus on composition, colour mixing and how to use paints, tools and media. Participants will strengthen their art through knowledgeable decisions and planning while working on their own individual projects. Individual help provided.

Instructor: Vivian Wiebe

Cost: 8 half days - \$31

Wednesdays, starting Sept 10:00

10:00

